Annual Report





Message from our Founder and President



Helping with Furniture is an Ottawa-based organization that supports many of our neighbours that are struggling to start again.

We do this by providing household furnishings at no cost.

Our clients can be the elderly, the very young, and everyone in between. They may have worked throughout their lives but could never get ahead of the mountain of financial responsibilities or had the chance to secure a pension. They may be young families struggling on a minimum wage income; they may be people living with disabilities. Perhaps they're fleeing conflicts, whether internationally or domestically. What they all have in common is that they are our most vulnerable neighbours that face many significant challenges as they piece their lives together.

Unfortunately, they are often overlooked when it comes to basic human rights. Access to food, health care, education, and affordable housing is often beyond reach.

After facing more than 3 years of pandemic upheaval, increased isolation, and difficulties accessing support resources, our clients continue to face a variety of obstacles because of extreme poverty. Challenges include inflation, lack of affordable housing, increasing mental health issues, domestic abuse, drug overdoses, lack of health care, pest invasion and even environmental disasters. This completely undermines their ability to just survive.

Our clients can remain homeless or live in a motel or a shelter for years. And yet they find the strength and courage to reach for something better.

At HWF, we consider ourselves blessed to be able to help them move forward. They smile and laugh, getting excited when selecting that small little décor item that will make their new room, apartment or house a home. Their eyes sparkle at the sight of the beautifully refurbished bikes, carefully prepared by our volunteers. The kids giggle with joy when taking a tour of our toy unit. We take joy in seeing them transform from despair and confusion to embracing hope.

Their resilience will never cease to amaze us, and we have gained so much more from them than they have from us.

My wish is for a just, welcoming, and peaceful society, where importance is placed on inclusion, acceptance, equity, and dignity of all!

- Nathalie Maione, Founder and President Helping with Furniture

What We Do



Mission Statement

HWF is a volunteer-run charitable organization based in Ottawa that provides household furnishings to displaced individuals and families.

We do this by gathering new and gently used furniture from partners and residents and deliver them to our neighbours who might need some help in starting all over again.



Operations



As public health measures subsided, we were able to safely return to many of our prepandemic services.

As in previous years, helping start a new home begins with a call from an agency or sponsor who will be assisting an individual or family in an unfurnished home. Our Client Intake Team records key information and requirements from that initial contact. Our Visitors Team then

follow up by arranging a virtual visit.

A report is generated and promptly distributed to a number of our internal teams. Our Bundling Teams are engaged in advance to prepare packaged dishes, linens, curtains, toys, and other miscellaneous housewares that our clients require.

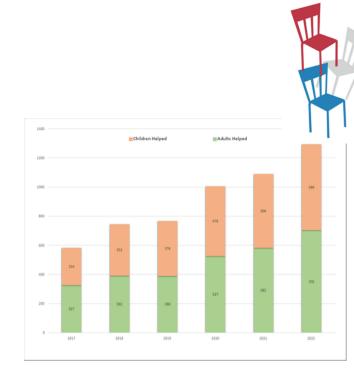
Our Bikes team may set aside bicycles to be picked up, and the Laptop team will prepare laptops if required. All of this preparation makes us ready for move night on Wednesdays, our busiest night at the warehouse.

Furniture pickup and delivery services have thankfully returned in 2022. Our clients eagerly arrive to select their furniture. At the same time, volunteers arrive to gratefully accept furniture donations being dropped off and to help load trucks. Delivery trucks, provided by sponsors, agencies, or through the City of Ottawa, are loaded with selected furnishings.

Follow-up visits to help assemble furniture, and hang pictures and drapes are still on pause. However, we are hoping to restart this important service as soon as possible.



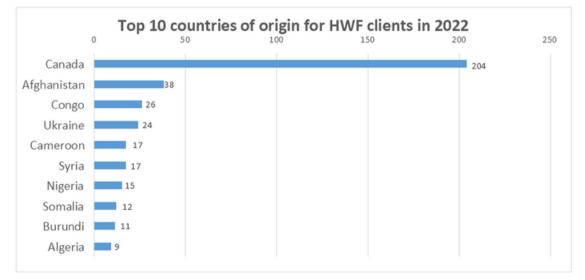


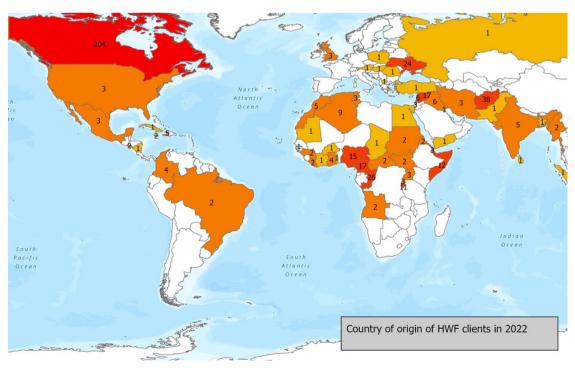


2022 Results

HWF had another busy year. We provided furniture and household goods to 1,291 individuals in 501 new homes, an 18% increase over 2021.

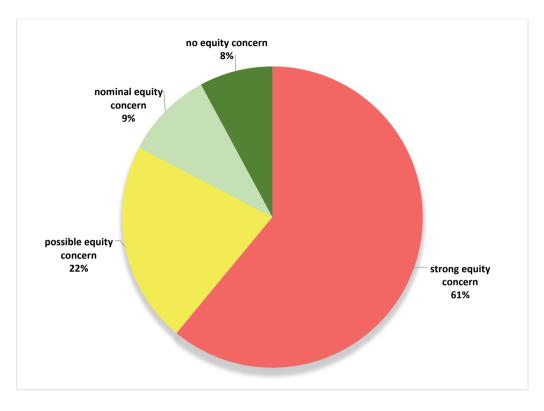
Of these, 204 of our clients had long been living in Canada but struggled with mental illness, abusive situations or homelessness; 296 were refugees or recent immigrants, many of whom had fled conflict or natural disaster in their homeland.







In 2022, 83% of HWF clients lived in neighbourhoods of strong or possible equity concern, neighbourhoods with inequitable opportunities to thrive or inequitable resources. (Source: Ottawa Neighbourhood Equity Index)



Helping with Bicycles

Helping with Bicycles refurbished and repaired 337 bikes in 2022. This is 26% more than the previous record of 268 in 2021.

What do these numbers mean? There's a person behind each number. Perhaps they fled their home country with little besides the clothing they were wearing to escape the horrors of war.

Or they escaped an abusive relationship.

What they have in common is the need to start a new home.

HWF is proud to do what we can to help them get back on their feet again.

Financials 2022

Financial statements are reported in Appendix 1.

Stories of HUF

Our very last clients for 2022 truly touched our souls.

The snowy Wednesday evening begins with a small gathering of volunteers, eager to help someone start a new home.

A young woman and her mother arrive. They have a clear vision for their new home. Working with HWF volunteers, they navigate the aisles. With building confidence and excitement, they eagerly select items.



Everyone smiles as they even find colourful home decor that they especially like. One item, a simple picture frame with the word "Home" etched on it, suddenly brings tears. With that, the volunteers learn their tragic story.

One day they suddenly found themselves homeless when they were forced out by an authoritarian individual. Divorce followed along with very difficult months of living in a shelter. One day hope returns when they finally find a place to call home. The simple frame with Home written on it will adorn the entrance to remind the family that this place is theirs; their new home.

The family then finds some Christmas decorations and lights. They tell the volunteers that they would like to have them. As Muslims, they don't typically celebrate Christmas but they can't wait to celebrate it together in their new home this year.

Toward the end of their visit, another frame captures their attention. The calendar frame has a picture of 2 polar bear cubs.

The family enthusiastically selects this item. The older woman proudly announces that she's a strong and brave momma bear and the 2 cubs represent her children.

Leaving, she raises her arms with renewed confidence, exclaiming 'I am strong!'

Stories of HWF continued

Like the clients HWF helps, every one of our volunteers also has a story. Their vision and passion make our work possible.

One day a shy and quiet grade 9 student, arrived with the hope of joining our team. On his own initiative, he explored our warehouse. He carefully noted how items were accepted by donors, stored and later delivered to our clients. He observed how other volunteers carried out their assignments.

In no time, he was welcoming furniture donors. Whether directing vehicles to parking spots or helping donors offload furniture donations, our aspiring volunteer knew exactly what needed to be done.

At the end of the day, he knew so much about HWF and how we help our neighbours. We later learned our new friend is autistic, has a remarkable ability in logistics and lives in a group home. One of his mentors there thought volunteering might be good for him.

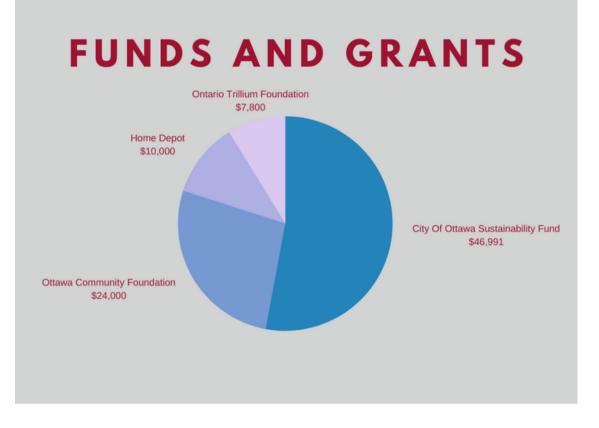
This volunteer is a true member of the HWF family and loved by everyone; so cheeky and fun. Whether packing trucks or assembling furniture, he doesn't hesitate to roll up his sleeves to help.

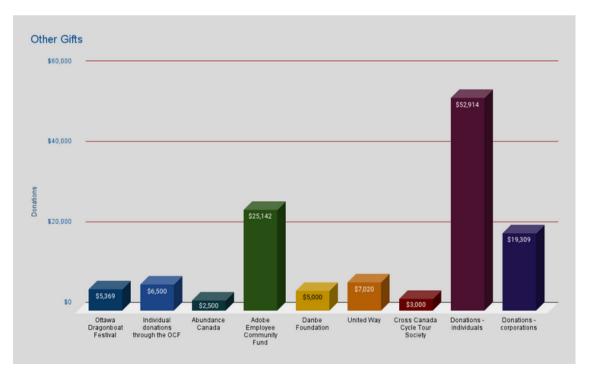
Upon returning from delivering furniture, he beams with excitement and pride at being able to lend a helping hand. His passion is contagious as we smile with him. It is volunteers like him that make the HWF team strong.





Donations Summary







Appendix 1: Financial Report 2022



Financial Statements of

HELPING WITH FURNITURE

December 31, 2022



May 23, 2023

INDEPENDENT AUDITOR'S REPORT

To the Board of Directors of Helping With Furniture:

Qualified Opinion

We have audited the accompanying financial statements of Helping With Furniture (the "Organization"), which comprise the statement of financial position as at December 31, 2022, and the statements of operations and changes in net assets and cash flow for the year then ended, as well as a summary of significant accounting policies and other explanatory information.

In our opinion, except for the possible effects of the matter described in the *Basis for Qualified Opinion* section of our report, the accompanying financial statements present fairly, in all material respects, the financial position of Helping With Furniture as at December 31, 2022, and the results of its operations and its cash flows for the years then ended in accordance with Canadian accounting standards for not-for-profit organizations.

Basis for Qualified Opinion

In common with many not-for-profit organizations, Helping With Furniture derives revenue from fundraising activities, the completeness of which is not susceptible to satisfactory audit verification. Accordingly, verification of these revenues was limited to the amounts recorded in the records of Helping With Furniture. Therefore, we were not able to determine whether any adjustments might be necessary to fundraising revenue, excess of revenue over expenses, and cash flows from operations for the years ended December 31, 2022 and December 31, 2021, current assets and net assets as at December 31, 2022 and December 31, 2021.

Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation and fair presentation of these financial statements in accordance with the applicable financial reporting framework, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing these financial statements, management is responsible for assessing the Organization's ability to continue as a going concern, disclosing, as applicable, matters related to a going concern and using the going concern basis of accounting unless management either intends to liquidate the Organization or to cease operations, or has no realistic alternative but to do so. Those charged with governance are responsible for overseeing the Organization's financial reporting process.



Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with Canadian Auditing Standards, we exercise professional judgment and maintain professional skepticism throughout the audit.

We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to
 fraud or error, design and perform audit procedures responsive to those risks, and obtain audit
 evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting
 a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may
 involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal
 control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Organization's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Organization's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Organization to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.



We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

LLP Hendry Warren

HENDRY WARREN LLP Chartered Professional Accountants Licensed Public Accountants Ottawa, Ontario

Statement of Financial Position

December 31, 2022, with comparative figures for 2021

		2022		2021
Assets				
Current assets Cash	\$	236,840	\$	153,847
Accounts receivable	Ψ	4,390	Ψ	8,839
Sales tax receivable		10,132		10,429
Prepaid expenses		15,421		7,147
	\$	266,783	\$	180,262
Liabilities and Net Assets				
Current liabilities				
Accounts payable and accrued charges	\$	17,745	\$	7,373
Deferred contributions (Note 2)		16,178		16,000
		33,923		23,373
Lease inducement		3,191		4,311
		37,114		27,684
Commitments (Note 3)				
Net assets (Note 4)				
Unrestricted		189,669		112,578
Internally restricted		40,000		40,000
		229,669		152,578
	\$	266,783	\$	180,262

Approved on behalf of the Board:

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Director

Statement of Operations and Changes in Net Assets

Year ended December 31, 2022, with comparative figures for 2021

		2022		2021
Revenue	¢	00 755	¢	04.000
Grants	\$	89,755	\$	34,363
Individuals Other charities and associations		57,478		77,021
		24,953 22,555		7,956
Annual gala Donations in-kind		16,429		-
Fundraisers		11,136		- 21,746
United Way		7,021		6,338
Corporate		2,880		12,762
Interest		587		32
Other revenue		-		800
		232,794		161,018
Expenses				
Bank and transaction fees		2,229		2,780
Communications		2,398		2,122
Donations in-kind		16,429		_,:
Gala expenses		5,524		-
Insurance		5,411		5,655
Office and general		3,727		1,340
Professional fees		6,714		5,730
Program delivery		6,319		12,065
Storage		80,207		74,037
Supplies for clients		14,910		19,520
Transportation		7,705		7,641
Utilities		4,130		3,008
		155,703		133,898
Excess of revenue over expenses		77,091		27,120
Net assets, beginning of year		152,578		125,458
Net assets, end of year	\$	229,669	\$	152,578

Cash Flow Statement

Year ended December 31, 2022, with comparative figures for 2021

	2022		2021	
Operating activities				
Excess of revenue over expenses	\$	77,091	\$	27,120
Non-cash items:	Ψ	11,001	Ψ	27,120
Lease inducement (expensed) recognized	(1,120)			4,311
Changes in non-cash working capital balances:		() - /		, -
Accounts receivable	4,449			(1,164)
Sales tax receivable		297		(3,977)
Prepaid expenses	(8,274)		(7,147)	
Accounts payable and accrued charges	10,372			2,536
Deferred contributions		178		(12,224)
Cash provided by operating activities		82,993		9,455
Increase in cash	82,993		9,455	
Cash, beginning of year		153,847		144,392
Cash, end of year	\$	236,840	\$	153,847

Notes to the Financial Statements

December 31, 2022, with comparative figures for 2021

Nature of activities and statutes of incorporation

Helping With Furniture (the "Organization") is incorporated as a not-for-profit organization under the laws of Canada and is a registered charity under the Income Tax Act and is exempt from taxes under section 149(1)(f). Its purpose is to furnish homes with comfort, hope and dignity by delivering gently used furniture and household items to individuals and families in the Ottawa area who are restarting their lives due to international and domestic displacement.

1. Significant accounting policies

The financial statements have been prepared in accordance with Canadian accounting standards for not-for-profit organizations and include the following significant accounting policies:

Revenue recognition

The Organization follows the deferral method of accounting for contributions. Restricted contributions are recognized as revenue in the year in which the related expenses are incurred. Restricted contributions for which the related restrictions remain unfulfilled are accumulated as deferred contributions. Unrestricted contributions are recognized as revenue when they are received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured.

Grant revenue represents funds received for specific initiatives undertaken by the Organization. Grants are recognized as revenue when the related costs are incurred. Grants that have not been fully spent by the end of the year are reported as deferred contributions.

Corporate, fundraiser, individual and donation in-kind revenue represents donations received from corporations, fundraising activities other than the annual gala, and consists of unrestricted and restricted contributions.

United Way, other charities and associations revenue represents revenue received from the United Way and from other charities and associations. These amounts consist of unrestricted and restricted contributions.

Annual gala revenue represents funds received from events for ongoing operations. Annual gala revenue is recognized as revenue when costs are incurred and the event is completed.

Contributed materials and services

The Organization received contributions of materials and services, including many volunteer hours. As the fair value of these contributions cannot be easily estimated and these contributions would not have otherwise been purchased in the normal course of business, no amount has been recorded for them in these financial statements. The Organization does recognize as revenue donations in-kind where an official charitable donation receipt is issued when the fair market value of a donated item can be determined and the donor specifically requests an official charitable donation receipt.

Notes to the Financial Statements

December 31, 2022, with comparative figures for 2021

Cash

The Organization's policy is to disclose bank balances under cash.

Capital assets

Capital assets are expensed at the time of purchase. Funding received towards the purchase of capital assets is included in revenue in the year the related assets are purchased. Capital assets consist of equipment for transportation. Capital assets expensed during the year totaled \$Nil (2021: \$5,732). These amounts are included on the statement of operations under storage expenses.

Use of estimates

The preparation of these financial statements in conformity with Canadian accounting standards for not-for-profit organizations requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities, disclosure of contingent assets and liabilities at the date of the financial statements, and the reported amounts of revenue and expenses during the year. These estimates are reviewed periodically and adjustments are made to the statement of operations as appropriate in the year they become known. Significant estimates include valuation of accounts payable and accrued charges and valuation of deferred contributions.

Financial instruments

Measurement of financial instruments

The Organization initially measures its financial assets and liabilities at fair value, except for certain non-arm's length transactions.

The Organization subsequently measures all its financial assets and financial liabilities at amortized cost.

Impairment

Financial assets measured at cost are tested for impairment when there are indicators of impairment. The amount of any write-down is recognized in the statement of operations. Any previously recognized impairment loss may be reversed to the extent of the improvement, directly or by adjusting the allowance account, provided it is no greater than the amount that would have been reported at the date of the reversal had the impairment not been recognized previously. The amount of any reversal is recognized in the statement of operations.

Transaction costs

The Organization recognizes its transaction costs in the statement of operations in the period incurred. However, financial instruments that will not be subsequently measured at fair value are adjusted by the transaction costs that are directly attributable to their origination, issuance or assumption.

Lease inducement

The lease inducement is amortized over the term of the lease.

Notes to the Financial Statements

December 31, 2022, with comparative figures for 2021

2. Deferred contributions

Deferred contributions consists of grants and other contributions received that will be expended for a specific purpose in a future year.

	2022	2021
Balance, beginning of year Plus amounts received in the year Less amount recognized as revenue	\$ 16,000 89,933 (89,755)	\$ 28,224 25,816 (38,040)
Balance, end of year	\$ 16,178	\$ 16,000

The deferred contributions balance relates to the following projects:

	2022	2021
Toolkits Ontario Trillium Foundation OCF Multi-year Funding	\$ 2,300 5,755 8,123	\$ 805 - 15,195
Total	\$ 16,178	\$ 16,000

3. Commitments

In 2021, the Organization entered into an operating lease agreement for a new warehouse location. Future minimum rental payments under this lease are as follows:

	١	Warehouse		
2023 2024	\$	80,177 20,156		
	\$	100,333		

Notes to the Financial Statements

December 31, 2022, with comparative figures for 2021

4. Net assets

Net assets consist of both unrestricted and internally restricted reserves. Unrestricted net assets are maintained to fund organizational operations. Internally restricted reserves are net assets restricted on Board approval for future years storage costs and cannot be used to fund other organizational operations without approved release by the Board.

In prior years the Board has restricted \$40,000 for this reserve. There was no additional appropriation in 2022.

5. Financial instruments

Risk and concentrations

The Organization is exposed to various risks through its financial instruments. The following analysis provides a measure of the risk exposures and concentrations at the statement of financial position date, December 31, 2022.

Credit risk

Credit risk is the risk that one party to a financial instrument will cause a financial loss for the other party by failing to discharge an obligation. The Organization's main credit risks relate to its accounts receivable.

Liquidity risk

Liquidity risk is the risk that an entity will encounter difficulty in meeting obligations associated with financial liabilities. The Organization is exposed to this risk mainly in respect of its accounts payable.

It is management's opinion that the Organization is not subject to significant market, interest rate or other price risk. There is no change in the level or concentrations of liquidity or credit risk from December 31, 2021.